LUPINES: Indians ate Lupines steamed, the leaves and flowers together, and accompanied them with acorn soup. Often called wild peas, Lupines were also used to make a rheumatism tea. In 1640, John Parkinson recorded that lupine seeds would deter gnats. Mixed with meal and honey, the seeds would help heal black-and-blues. Others believed the Lupines would make an effective salve to heal the umbilical cord stub of newborns.

AUSTRIAN STEW
25 Cents worth lean breast of lamb or mutton (fat removed). Put in enough water to cover meat only. Allow to cook slowly and add:
2 onions
1 pt. tomatoes
1 or 2 green peppers (or Chili tepenia)
When nearly done add 1 Tbs lard (not butter) enough browned flour to thicken. Serve Hot.
Sam Davis. Born 1850, died 1919, second editor of Appeal newspaper, Nevada.

HANK MONK FRY
6 oysters, drained well
3 slices bacon
3 eggs beaten with a little cream
Chili sauce
Fry bacon, remove. Add oysters to grease and fry slowly until edges curl. Pour eggs over top and cook slowly until eggs are firm, add bacon. Top with chili sauce.

NOTE: Hank Monk, stagecoach driver on the line between Placerville, California, and Carson City, Nevada, during the 1860's. Boom town oysters and eggs were worth their weight in gold dust. In excavations in Truckee thousands of oyster shells are found.

WINE CAKE (circa 1970, and still good)
1 pkg yellow cake mix
1 pkg vanilla instant pudding
4 eggs
1 tea. nutmeg
3/4 c. oil
3/4 c. cream sherry
Mix ingredients together for 5 min. Pour into greased & floured angel food cake pan (removable center type). Bake at 350 degrees for 50 min. When cooled, turn cake out. Top with whip cream, if desired, to serve. Carolyn Randall O'Callaghan
Once again it is time for me to thank the many volunteers who have helped to make another successful year for the Truckee Donner Historical Society.

We had 24 volunteers to be Old Jail Docents this past year. From the log-in-ledger I added up a total of 403:25 hours, with over 3100 visitors. A new docent this year, Henry Murray, logged in 54:50 hours. Dennis Cowan, docent of the year last year, logged in 45:25 hours. Other new docents: Norm Justesen, Pat Davison, Michele Austin, Kelly Field, & Jan Hobbs. The remaining docents listed in order of their volunteer time are: Judy Dunlap, Aileen Collinson, Dick & Connie Brooding, Judy Williams, Jeff Carr, Dennis Cook, Tony Steiner, Beverly Cook, Bert Costello, Joy Horn, Paul Spencer, Leanne Atwater, & Chelsea Walterscheid. Top honors go to Don Colclough, Old Jail Coordinator, with 92 hours. I am sure it is more, he just didn't log it in the ledger. I did 29 1/2 hours. Many, many thanks to all these volunteers. They help to keep our history alive.

Towards the end of October we will be putting the Memorial Garden to bed for the winter, & any volunteers that would like to help, please give Don or myself a call.

July 10th was our twenty second annual "Truckee Old Timers" picnic. We had 113 in attendance. Many new faces, & missed some of the other old timers. I want to take this time to thank my Mother, Jeanne Pace, for helping with the finances. I can always count on Dan & Laura Horman, Mary King, & Howard Snider as my faithful helpers. Madeline Kydd helped draw names for prizes. Dianne Fix's Grandsons, Drew and Beau Blandford, did a beautiful job on the bookmarks. Norm Sayler donated two Lincoln Highway signs. Thank You.

By the time you receive this newsletter we will have had our annual election and docent appreciation dinner. We will also have another new member, as our Executive Secretary, Chelsea Walterscheid, will have a new baby brother for Jack.

I also want to thank all the Board of Directors who have given GENEROUSLY of their time over these last twelve months. Guy Coates, Chelsea & John Walterscheid, Judy Dunlap, Judy & Steve Williams, Billie Cornell, Don & Sally Colclough, Dan & Laura Horman, Leanne Atwater, Paul Spencer, Carrie Smith, Beverly & Dennis Cook, Vince Deveney & Rebecca, his daughter, & Jim Smith.

On October the 8th, at the Donner State Memorial Park, we will be presenting a Living History program. It will be about Moses Shallenberger. I think you will find it very entertaining, hope to see you there.

A very big thank you to Bertha Woolverton for her very generous donation. It is greatly appreciated.

Thanks to Dennis Cook & Tony Walden, our new security system has been purchased & installed at the Old Gateway Cabin.

Happy Halloween and Happy Thanksgiving
Sharon Pace Arnold, President
TDHS LIVING HISTORY PROGRAM
~ Guy Coates ~

On Tuesday evening, October 8, 2002, the Truckee-Donner Historical Society will present a living history program beginning at 6:30 pm at the Emigrant Trail Museum at Donner State Park.

The Society will request donation of $3 for adults, but children under 12 are free. Light refreshments will be served.

The program will feature Fred Horlacher, in his entertaining portrayal of Moses Shallenberger, the 17-year-old emigrant member of the Stephens-Townsend-Murphy Party who survived the winter of 1844-45 alone in a makeshift cabin at what would become Donner Lake.

Shallenberger faced the same plight that would doom the Donner Party at the same spot two winters later. He had guns and lots of powder and shot, but there were no targets in the bleak whiteness surrounding him. He hunted in daylight and found books, which kept him busy at night. The boy found some steel traps, which he baited with a few scraps of the last of his dried beef and set them in the snow.

The first night he caught a half-starved coyote and forced down the tough, gamey meat. Soon, however, he was catching foxes and other animals and their flesh got him through the worst of the winter.

This delightful program will be both fun and educational and should not be missed.

OCTOBER 8TH
6:30 PM

EMIGRANT TRAIL
MUSEUM
DONNER STATE PARK

OLD JAIL MUSEUM

I want to sincerely thank all the Docents who worked this past season. You are the enthusiastic members allow us to keep this valuable asset for our residents & visitors. The comments in our guest book attest to the excellent job you do.

We are planning next year to open for Windows on History weekend, Memorial Day then not until all the schools close in June. We will not close until late September, weather permitting as we get many more visitors than we realized after Labor Day.

We have had 3,240 visitors so far this year and we still have two special openings left. This down from last years total of 3,593 but we know this years count is accurate thanks to Chelsea who purchased a more accurate counter. The total donations will be in our next newsletter.

We are always looking for more Docents. Anyone who signs up really enjoys the experience.

Thanks again!

Don Colclough Jail Museum Coordinator  587-1343
Membership Report
Billie Cornell, Membership Chair

In response to members Bill & Carol Rose, I would like to begin my article by answering their question, "what is the difference between a sustaining and contributing member" contribution in relation to the membership categories? I would love to write a really nice historical article like Guy Coates does, giving you a long historical significance between the two categories, but...the only answer I could come up with is...ta-dah-$25.00! ($75 for Sustaining and $100 for Contributing). Maybe we should think about that and make a real difference for the benefit of the member for the added membership donation?!? What do you think? Let me know.

I would like to take this opportunity to thank members who have responded so promptly to my renewal notices. You should now receive your initial membership renewal notice 30 days before your expiration date. Plus, one reminder letter is now sent 30 days after your expiration date (for example: a November renewal should receive their first notice by Oct 1 and a late November renewal will receive a 30 day reminder letter by the 1st of January). I hope this provides everyone ample time to renew.

Unfortunately, there have been a handful of members recently dropped from the membership roll. If you know someone who has been a member and who did not receive this newsletter, it probably means they have been removed from the membership roster. Please let me know if this has happened, especially if they wish to continue to be an active Society member. It is very easy and a pleasure to restate any past member — my favorite part of this volunteer duty, adding members!

Another benefit why everyone should want to keep their membership current, is that it makes you eligible to vote in the Annual Board of Directors Election held every September. It provides you an active VOICE in the Society and also gives you the opportunity to serve as a Board Member, yourself. The Society is always in need of members who can devote time to assist in running the organization and provide a helping-hand with our social activities. I would also like to place a plea out for great ideas for any type of membership drive, thoughts on our membership categories, or any unique ideas that can make being a Society member more FUN!

I hope everyone has chopped their wood and buttoned up their homes in anticipation of our big El Nino winter and be able to reflect upon the warmth of the extremely hot 2002 Truckee summer, during its’ storms.

If you would like to contact me regarding any membership questions or have membership ideas, please email me at tdhs@inreach.com, Attn.: membership / Billie or leave a message at our office 530-582-0893. I will be in touch.

Now a BIG HEARTY WELCOME to our newest members:

Barbara Zorich  
John Lambres
Steven Casad  
Liane Corrales & Family
Barbara Crossland  
The Bowers Family
Dave Corollo  
Allie Hahn
Reford “Jeep” Reid  
Ann Kohlmoos Fathman

Cordially yours,
Billie Cornell – Membership Chair

Memorial Gardener Bids Farewell
by Jim Smith

The 2002 growing season (in Truckee) is winding down and flower blooms in the Garden are starting to dwindle once again. Before long the need to commence fall cleanup chores will be upon us while preparing the Garden for a restful winter season. Where has summer gone?!

The Railroad Regulators (Truckee’s old west action group) used the patio area for a BBQ after the July 4th parade and the Society hosted its first garden party on August 3rd. First time events are usually small, thus allowing visitors a chance to ponder, yet mingle with old friends. A good time was had by all.

Being the originator and caretaker of the Memorial Garden, this project has truly been one of the most worthwhile and rewarding that I have ventured into. Planning the garden, coordinating the fund raising efforts, ordering the plaques to honor the ever growing list of pioneers and family loved ones, watching the garden come to life, hosting the dedication in 2001, nurturing the plantings with love and kind thoughts, thinking of those lives being remembered on the Memorial Wall, have all been inspirational moments. If you have not yet seen this new addition on the Museum property, I invite you to stop by and visit. Every season presents its own moments for reflection. I will be requesting our Webmaster to develop a page on the Society’s website about the Garden with lots of photos and information on ordering plaques.

I am so very pleased that this project has turned out to be such a success. It will be difficult for me to step aside, but life is ever changing, full of new developments, and knowing when to turn over the reigns to new blood, new ideas, and fresh energy is also paramount. Than you for allowing me the opportunity to chair this project. I extend my deep gratitude and personal thanks to all the wonderful volunteers who helped work on this project. I hope you stop by and admire the results from all your hard work and love that you put into the creation of the Community Memorial Garden. Don’t be bashful about volunteering, the Board needs member support!
**TDHS MEMBER APPLICATION**

**NAME:**

**MAILING ADDRESS:**

**CITY, STATE, ZIP:**

**E-MAIL ADDRESS:**

**HOME PHONE:**

**WORK PHONE:**

---MEMBERSHIP CATEGORIES---

INDIVIDUAL $20.00  
FAMILY $30.00  
JUNIOR (18 YEARS & UNDER, NOT IN A FAMILY) $10.00  
SUSTAINING $75.00  
NON-PROFIT ORGANIZATIONS $25.00  
CONTRIBUTING $100.00  
MEMORIAL OR MEMORIAL GARDEN (CIRCLE ONE)$  
IN HONOR OF:  

**GIFT MEMBERSHIP FOR:**

**AREAS OF SPECIAL INTEREST AND/OR COMMENTS:**